

Recetas Con Miel



California Smoothie

Ingredients

- 8 oz. Orange Juice (more Orange Juice drinks)
- 1/2 cup(s) Strawberries (Fresh) (more Strawberries drinks)
- 1/2 cup(s) Dates (Pitted and chopped) (more Dates drinks)
- 1 Banana (Thinly sliced) (more Banana drinks)
- 1 1/2 oz. Honey (more Honey drinks)

Instructions

Blend fruits and honey until smooth, then add some cracked ice and the orange juice to the mixture and blend again until smooth. Serve in a chilled collins glass.