

# Recetas Con Miel



## Banana Strawberry Shake

### Ingredients

- 1/2 pound(s) Strawberries (Frozen)
- 1 Banana (Frozen)
- 1 cup(s) Yogurt (Plain)
- 1 cup(s) Milk
- Honey

### Instructions

Blend all together until smooth and serve. Add honey to taste.